



INSIGHTS

... for Exceptional Leaders

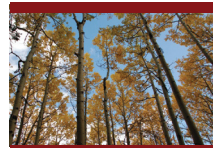
The Holbrow Group

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12 Recommended Books for the Christmas or Holiday Season Shopper

NEW LOOK



Wednesday's
INSIGHT

Introducing our new
INSIGHTS
newsletter.
Watch for our bi-weekly
Wednesday'sINSIGHTS.

Your feedback and suggestions are always welcome. Please pass this copy along to others and encourage fellow leaders to add their name to our circulation list by visiting www.TheHolbrowGroup.com

We are frequently asked to recommend books related to a variety of topics on coaching, leadership, and managing time, people and business. Just-in-time for the Holiday Season are these ten recommended books. Happy reading over the Holiday Season and 2009!

Relentless by Ted Rogers and Robert Brehly is a detailed and insightful chronology of how Rogers Communications has become one of the largest Canadian multi-media companies. Rogers is characteristically frank in describing the many steps he (and his team) have taken as well as the lessons learned in creating a vast media network. Lots of takeaways here for budding entrepreneurs. ~

The Secret by Rhonda Byrne. Published in 2006, this book remains on the top 10 list. The Secret's premise is all about being positive and channeling your thoughts intentionally. Bringing the elements of The Secret into our lives will impact every aspect of our lives. Also available on DVD. ~

The Four Agreements by Don Miguel Ruiz. This book was recommended to me by a colleague seven years ago when I found myself out of alignment with things in my life. Ruiz masterfully reveals the source of our self limiting beliefs as well as simple yet powerful code of conduct. A must read for people that are highly value-principled. ~

The New Retire-Mentality by Mitch Anthony is written to challenge the boomer crowd and challenge how we view "retirement". This book is a worthwhile read with many thought provoking questions. The wild economic downturn of the past months should be more than fodder for re-examining our underlying assumptions on the "R" word. ~

It's Your Move by Marge Watters & Lynne O'Connor is a book I recommend to those contemplating or in the midst of career transition. This is a very practical Canadian "how to" for helping the reader navigate the river rapids of job and career change. ~

We are pleased to announce that Colin was a top finalist for the **2009 Canadian Coach of the Year Award**. Among the criteria considered for this award are: active membership in and support for the professional growth and development of coaching accreditation with the International Coach Federation; as well as making a significant contribution to the Canadian coaching community.

Colin was one of a small cadre of coaches recognized at the **November International Coach Federation (ICF) Conference in Montreal**. The presentation of the International PRISM award was made to Sysco Foods Canada.

The PRISM award is made to organizations that foster excellence in leadership through coaching. The British Broadcasting Corporation was also a recipient of this award.

Sysco Foods Canada was also awarded the Greater Toronto Area ICF PRISM award in 2007.



Wishing you all the very best of the Festive Season and 2009 !

12 Recommended Books (cont'd)

Good to Great by Jim Collins. If you have ever wondered where the expression, "Who's on the bus?" you can stop wondering. (Hint - start with the who before the what). This book has become a benchmark for culture and strategy for many organizations as they aim for reaching and sustaining a high level of performance year after year. ~

The Leader's Digest by Jim Clemmer. Best known for Firing on All Cylinders, Clemmer has successfully distilled a great deal of information on leadership into a series of briefings on the key elements of serving as a leader. A useful read and reference for leadership essentials. ~

The Three Signs of a Miserable Job by Patrick Lencioni. Lencioni builds an effective story around the experiences of an abruptly retired executive searching for meaning in his career and life. Through a series of twists and turns the central character discovers some of the universal causes of despair and frustration at work- as well as the keys to overcoming them. ~

The 4-Hour Work Week by Timothy Ferris. For me, the most-thought provoking book I read in 2008. Ferris compels us to re-think our way of doing business and our life course by showcasing everything from mini retirements to outsourcing. ~

Women Don't Ask by Linda Babcock and Sara Lancaster. This provocative book was recommended by a client and examines the roadblocks our society puts in women's paths. The authors clearly advocate that negotiation is no longer optional. A must read for both sexes! ~

The Power of Focus by Jack Canfield, Mark Victor Hansen & Les Hewitt. This book prescribes recipes for helping us address what the authors consider to be our top business challenges - time pressures, financial pressures and juggling energy between work and home. ~

Artful Work by Dick Richards is about bringing passion and commitment to ourselves and our workplace. The book "Is to stimulate courageous and hopeful aspects of ourselves which seek to make our work lives more joyful, truthful and productive." Visit www.TheHolbrowGroup.com (click INSIGHTS, 2006 Archives, April) for a more detailed overview. ~

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To learn about Executive and Organizational Team Coaching visit <http://www.TheHolbrowGroup.com>